

Ventura Yoga Studio presents

Metatron Color Healing Sound Bath with Tomoko

Friday, November 7th, 6:00 - 7:00 PM \$33 per person by reservation



This unique experience combines the therapeutic benefits of sound healing with the transformative power of color therapy and aroma therapy. It promises to be a soothing and rejuvenating session for all participants.

During the sound bath, you will be immersed in a vibrant spectrum of colors and scent, and harmonious sounds, designed to balance and heal your energy centers. This holistic approach aims to enhance your overall well-being, reduce stress, and promote a deep sense of relaxation. Mats and props will be provided for your comfort.

(Note: if you prefer not to receive essential oil scents this choice will be honored.)

www.venturayoga.com/workshops-videos

Tomoko (Two Moon Child)

Tomoko was born and grew up in Japan. She left Japan in 1996. After she moved around the world with her family, finally settled in Ventura in 2015. In 2017, she opened her healing practice "Two Moon Child Heals" and offers Reiki, Karuna and Metatron Colour Healing. The name Two Moon Child is her name in Japanese. Two moons standing side by side makes friends. Tomoko is your friend. Regularly, she offers Reiki Sound Bath at Ventura and Camarillo Buddhist temples, and Tiny Desk Sound Bath in her own place. She also has experience as a Japanese language teacher in Oxnard Buddhist Temple, and as a belly dance teacher.